What do you learn from the learning workshop?

Since there are more subjects in secondary school, our school held a lunch time programme for teaching us the skills for note taking. During the programme, I have learnt a lot of things.

Firstly, I have learnt how to distinguish the important points from those that are less important. The teachers always repeat the points a lot of times, it means these points are more important. We should listen to the teachers carefully and make sure we jot down all the important points.

I have also learnt about different types of learning. There are four types – visual, oral, reading and writing, and type K. Everyone has their own types. Mine is reading and writing as I always remember things efficiently by reading or jotting down notes. I always find this method useful for doing revision.

Besides, we learnt how to divide a page into four parts: topic, jot notes, make notes and remark. When we start a new topic, we jot down what the teachers say to us during the lessons. Then we make notes and remark.

Finally, I have learnt how to jot down the significant points from an article. It is easier for me to understand the content of the article and save my time.

I think it is a very useful lunchtime programme, isn't it? Do you agree?