

Things we've learnt from the learning skills workshop

Last month, we attended a learning skills workshop and we gained a lot of useful knowledge about note processing. The teacher taught us how to process the notes that we've recorded and how to make them to be more useful.

First, maybe you'll ask, why is this workshop so important? It is because this workshop can show you how to manage your own notes and the skills you've learnt is extremely useful. We have done a lot of classwork and exercises during the workshop and we were all very attentive during the lesson.

We have learnt of different things in this workshop. First, we learnt the learning styles of different people. There are four learning styles, and they are Aural, Kinesthetic, Visual and (I remember there are one more type but I forgot what it was). The Aural people has a stronger sense of speaking and they like talking very much. The Kinesthetic type is good at moving their body and they love sports as well. Visual type of people has strong sense of what they see. They are also very sensitive to colours and graphics.

The teacher also taught us about different kinds of mind maps and graphics which help us to memorise the notes better. The most popular graphics are mind map, fish bones map, time line and tree map. They are very useful and they are also very easy to draw. The teacher also taught us how to mark down important notes while teacher is talking in a very fast speed. I think it helps me the most.

Overall, I think the whole workshop is very useful and the teacher also taught us a lot about notes processing and I appreciate that a lot. I hope I can meet that teacher again because he is smart and considerate. I hope you enjoyed my article, bye!