

Learning skills workshop

On that day, I learnt 3R from the teacher, they are Receive, Record, Revise. The teacher said that 3R is important for studying.

The teacher said when we are in the lesson, we should listen to the teacher. If we can do this correctly, we have done the "Receive" already. If we jot notes in the lesson, we have done the "Record" too. If we want to do "Revise" we should study what teacher teaches on that day again.

The teacher said if we jot notes, we can use different colours. When we revise them, we will not be bored as it is colourful. We can use highlight pens to highlight the important things too. Or we can draw some mind maps, pictures or bar charts to remember them. Also, we can use abbreviation to jot notes. For example, we can use "*" to show something is important or "✓" to show correct. They can help us to jot notes quickly.

I thought the teacher taught well. His lesson was after lunch so I always feel sleepy. But his lesson was very interesting and funny, I didn't feel sleepy. I learnt a lot of things from his lesson, they must be useful all the time especially before test. It is a good habit. I hope I can keep this habit every day and improve myself.